Harnett County School Menus

Breakfast $1.00
Lunch $2.15
Reduced Lunch $.40

Menus for November 2013

Harnett County Schools K-5

USDA is an equal opportunity provider and employer.

Friday, November 1

Breakfast
Assorted Fruit Juice Or Fresh Fruit
Pancake & Sausage Stick
Or Cereal & Pop Tart
Milk

Lunch
Choose One
Fish Nuggets w/Hot Roll
Pepperoni Pizza

Choose At Least One
Homemade Coleslaw
Green Peas
Sliced Pears
Fresh Fruit

Choice of Cold Milk

DON'T FORGET TO SET YOUR CLOCKS BACK 1 HOUR

SUNDAY, NOV. 3

A Note from the Child Nutrition Director

Visit us online! You can view menus, learn about lunchprepay.com and learn about our program.
www.harnett.k12.nc.us

- *click the* Parents *tab*
- *Look under the* Auxiliary *heading*
- *Click* Child Nutrition

Monday, November 4

Breakfast
Assorted Fruit Juice or Fresh Fruit
French Toast Sticks
Or Scooby Snacks & Yogurt
Milk

Lunch
Choose One
Cheese Pizza
Beef Rib-B-Que Sandwich

Choose At Least One
California Blend w/ Cheese
Fresh Tomatoes w/ Dip
Applesauce
Fresh Fruit

Choice of Cold Milk

Tuesday, November 5

Breakfast
Assorted Fruit Juice Or Fruit Cup
Cherry Frudel
Or Yogurt & Pop Tart
Milk

Lunch
Choose One
Pizza Dippers w/Marinara
Macaroni and Cheese w/ Hot Roll

Choose At Least One
Seasoned Turnip Greens
Buttered Corn
Mixed Fruit
Fresh Fruit

Choice of Cold Milk

Wed., November 6

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Choose One
Taco Soup w/ Tortilla Chips
Mini Corndog Nuggets

Choose At Least One
Tossed Salad w/ choice of Dressing
Seasoned Potato Wedges
Mandarin Orange Cup
Fresh Fruit

Choice of Cold Milk

Thursday, November 7

Breakfast
Assorted Fruit Juice or Fruit Cup
Mini Pancakes
Or Super Donut
Milk

Lunch
Choose One
French Toast Sticks w/
Scrambled Eggs & Cheese
Chicken Filet Sandwich

Chose At Least One
Crispy Potato Rounds
Sandwich Trimmings
Peach Cup
Fresh Fruit

Choice of Cold Milk

Friday, November 8

Breakfast
ssorted Fruit Juice or Fresh Fruit
Pancake & Sausage Bites
Or Cereal & Muffin
Milk

Lunch
Choose One
Chicken & Noodles w/ Hot Roll
Cheeseburger on Bun

Choose At Least One
Glazed Sweet Potatoes
Home Style Baked Beans
Strawberry Cup
Fresh Fruit

Choice of Cold Milk

Thank You

★VETERANS' DAY NOVEMBER 11★

Monday, November 11

NO SCHOOL

Veterans Day

PLEASE JOIN US IN SAYING THANKS TO THOSE WHO HAVE SERVED THE CAUSE OF FREEDOM

Tuesday, November 12

Breakfast
Assorted Fruit Juice or Fruit Cup
Sausage Biscuit
Or Cereal Bar & Yogurt
Milk

Lunch
Choose One
Pulled BBQ Sandwich
Chicken Filet Sandwich

Choose At Least One
Home Style Baked Beans
Seasoned Green Beans
Sliced Peaches
Fresh Fruit

Choice of Cold Milk

Wed., November 13

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Choose One
Chicken Salad on Lettuce w/ Crackers
Pepperoni Pizza

Choose At Least One
Steamed Broccoli w/ Cheese
Buttered Lima Beans
Strawberry Cup
Fresh Fruit

Choice of Cold Milk

Thursday, November 14

Breakfast
Assorted Fruit Juice or Fruit Cup
Donut Holes
Or Pop Tart & Cereal
Milk

Lunch
Choose One
Chicken & Rice Casserole w/ Hot Roll
Hot Dog on Bun w/ Chili

Choose At Least One
Seasoned Potato Wedges
Homemade Coleslaw
Applesauce
Fresh Fruit

Choice of Cold Milk

Friday, November 15

Breakfast
Assorted Fruit Juice
Or Fresh Fruit
Pancake & Sausage Bites
Or Crunch Mania
Milk

Lunch
Choose One
Meatball Sub topped w/ Mozzarella
Chicken Tenders w/Hot Roll

Choose At Least One
Buttered Corn
Fresh Baby Carrots w/Dip
Sliced Pears
Fresh Fruit

Choice of Cold Milk

AVAILABLE DAILY

Peanut Butter & Jelly Sandwich w/ Mozzarella String Cheese and Crackers

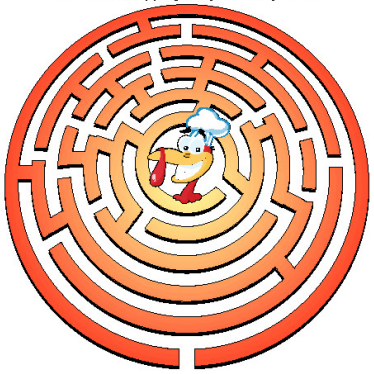
Sure, they're great guys, but who wants to carry them around every day!

Our pre-payment option takes a load off your mind -- and out of your child's pocket. Here's how it works:

Go to: www.lunchprepay.com and set up an account. Your student's school will be able to give you their student ID number, just give them a call!

Center of Attention!

Turkey is the star attraction on many Thanksgiving tables -- and this tasty bird is a nutrition star, too! Three ounces of turkey breast (without skin) contains just 88 calories, 1½ grams of fat, almost no saturated fat, and a whopping 14 grams of protein!

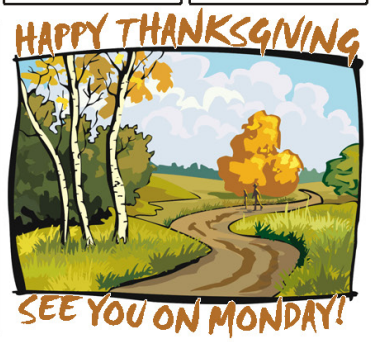


It's worth searching for high-quality, nutritious food like turkey. Can you find your way to the smiling turkey at the center of the maze?

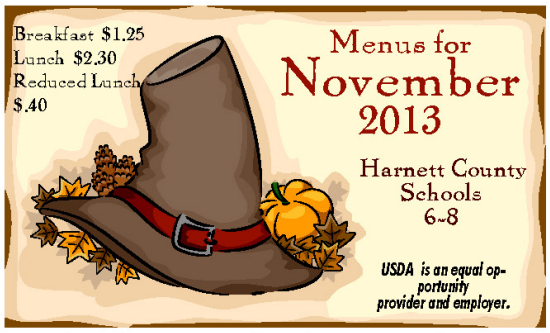
Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, November 18	Tuesday, November 19	Wed., November 20	Thursday, November 21	Friday, November 22
Breakfast Assorted Fruit Juice or Fresh Fruit Cinnamon Tastry Or Cereal Bar & Yogurt Milk **Lunch** Choose One Beef-a-Roni w/ Dinner Roll Pepperoni Pizza Choose At Least One Buttered Corn Steamed Broccoli w/ Cheese Strawberry Cup Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fruit Cup French Toast Sticks Or Cereal & Pop Tart Milk **Lunch** Choose One Deli Turkey Sandwich Country Style Steak Sandwich w/ Gravy Choose At Least One Creamy Potatoes w/ Gravy Green Peas Gelatin Fruit Cup Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fresh Fruit Breakfast Pizza Or Mini Loaf & Cereal Milk **Lunch** Choose One Soft Taco w/Cheese & Salsa Chicken Bites w/ Dinner Roll Choose At Least One Black Beans Shredded Lettuce & Diced Tomato Mixed Fruit Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fruit Cup Mini Cinni Or Yogurt & Pop Tart Milk **Lunch** *Holiday Meal* Roasted Turkey served with Gravy, Dressing, Hot Roll & Cranberry Sauce Chicken Nuggets w/ Hot Roll Chose At Least One Sweet Potato Casserole Seasoned Green Beans Peach Cup Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fresh Fruit Pancake & Sausage Stick Or Muffin & Yogurt Milk **Lunch** Choose One Sloppy Joe on Bun Cheese Pizza Choose At Least One Home Style Baked Beans Sweet Potato Waffle Fries Mandarin Oranges Fresh Fruit Choice of Cold Milk

Monday, November 25	Tuesday, November 26	Wed., November 27
Breakfast Assorted Fruit Juice or Fresh Fruit Chicken Biscuit Or Yogurt & Cereal Bar Milk **Lunch** Choose One Macaroni & Cheese w/ Hot Roll Mini Corn Dog Nuggets Choose At Least One Steamed Broccoli w/Cheese Glazed Sweet Potatoes Applesauce Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fresh Fruit Breakfast Pizza Or Mini Loaf and Cereal Milk **Lunch** Choose One Nachos w/Cheese Teriyaki Chicken Sandwich Choose At Least One Pinto Beans Steamed Cabbage Mandarin Oranges Fresh Fruit Choice of Cold Milk	Early Release Day **Breakfast** Assorted Fruit Juice or Fruit Cup Mini Pancakes Or Super Donut Milk **Lunch** Choose One Chicken Filet Sandwich PB & J Sandwich w/ Mozzarella Cheese Stick and Crackers Choose At Least One Sandwich Trimmings Fresh Baby Carrots w/ Dip Strawberry Cup Fresh Fruit Choice of Cold Milk



Breakfast $1.25
Lunch $2.30
Reduced Lunch $.40



Menus for November 2013

Harnett County Schools 6-8

USDA is an equal opportunity provider and employer.

Friday, November 1

Breakfast
Assorted Fruit Juice Or Fresh Fruit
Pancake & Sausage Stick
Or Cereal & Pop Tart
Milk

Lunch
Choose One
Pepperoni Pizza
Fish Nuggets w/ Dinner Roll

Choose At Least One
California Blend w/ Cheese
Homemade Coleslaw
Mixed Fruit
Fresh Fruit

Choice of Cold Milk

DON'T FORGET TO SET YOUR CLOCKS BACK 1 HOUR

SUNDAY, NOV. 3

AVAILABLE DAILY
Peanut Butter & Jelly Sandwich w/ Mozzarella String Cheese and Crackers

Monday, November 4

Breakfast
Assorted Fruit Juice or Fresh Fruit
French Toast Sticks
Or Scooby Snacks & Yogurt
Milk

Lunch
Choose One
Soft Tacos w/Cheese & Salsa
Mini Corndog Nuggets

Choose At Least One
Lettuce w/Diced Tomatoes
Spicy Black Beans
Applesauce
Fresh Fruit

Choice of Cold Milk

Tuesday, November 5

Breakfast
Assorted Fruit Juice Or Fruit Cup
Cherry Frudel
Or Yogurt & Pop Tart
Milk

Lunch
Choose One
Chicken & Rice Casserole w/ Hot Roll
Cheeseburger

Choose At Least One
Creamy Potatoes w/ Gravy
Sandwich Trimmings
Peach Cup
Fresh Fruit

Choice of Cold Milk

Wed., November 6

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Choose One
Chicken Filet Sandwich
Fall Picnic (Cheez- It Crackers, Mozzarella String Cheese, and Yogurt)

Choose At Least One
Green Peas
Fresh Baby Carrots w/ Dip
Mixed Fruit
Fresh Fruit

Choice of Cold Milk

Thursday, November 7

Breakfast
Assorted Fruit Juice or Fruit Cup
Mini Pancakes
Or Super Donut
Milk

Lunch
Choose One
Baked Chicken w/ Dinner Roll
Pepperoni Pizza

Choose At Least One
Glazed Sweet Potatoes
Seasoned Turnip Greens
Strawberry Cup
Fresh Fruit

Choice of Cold Milk

Friday, November 8

Breakfast
Assorted Fruit Juice or Fresh Fruit
Pancake & Sausage Bites
Or Cereal & Muffin
Milk

Lunch
Choose One
Hotdog on Bun w/ Chili
Buffalo Chicken Nuggets

Choose At Least One
Tossed Salad w/Choice of Dressing
Buttered Corn
Sliced Pears
Fresh Fruit

Choice of Cold Milk

A Note from the Child Nutrition Director

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Monday, November 11

NO SCHOOL

Veterans Day

PLEASE JOIN US IN SAYING THANKS TO THOSE WHO HAVE SERVED THE CAUSE OF FREEDOM

Tuesday, November 12

Breakfast
Assorted Fruit Juice or Fruit Cup
Sausage Biscuit
Or Cereal Bar & Yogurt
Milk

Lunch
Choose One
Chicken Nuggets w/ Hot Roll
Corndog

Choose At Least One
Buttered Corn
Home Style Baked Beans
Sliced Peaches
Fresh Fruit

Choice of Cold Milk

Wed., November 13

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Choose One
Pizza Dippers w/Marinara
Taco Soup w/ Tortilla Chips

Choose At Least One
California Blend w/ Cheese
Tossed Salad w/Choice of Dressing
Mixed Fruit
Fresh Fruit

Choice of Cold Milk

Thursday, November 14

Breakfast
Assorted Fruit Juice or Fruit Cup
Donut Holes
Or Pop Tart & Cereal
Milk

Lunch
Choose One
Country Style Steak w/Gravy & Hot Roll
Pulled BBQ Sandwich

Choose At Least One
Whipped Potatoes w/Gravy
Homemade Coleslaw
Strawberry Cup
Fresh Fruit

Choice of Cold Milk

Friday, November 15

Breakfast
Assorted Fruit Juice
Or Fresh Fruit
Pancake & Sausage Bites
Or Crunch Mania
Milk

Lunch
Choose One
Cheeseburger on Bun
Pepperoni Pizza

Choose At Least One
Seasoned Green Beans
Fresh Baby Carrots w/ Dip
Mandarin Oranges
Fresh Fruit

Choice of Cold Milk

Thank You

★VETERANS' DAY NOVEMBER 11★

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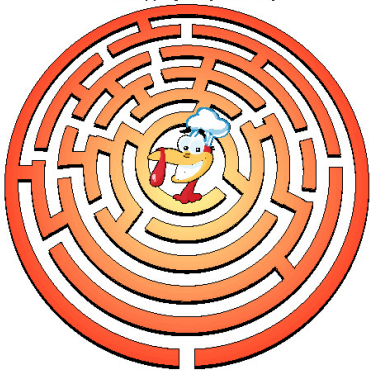

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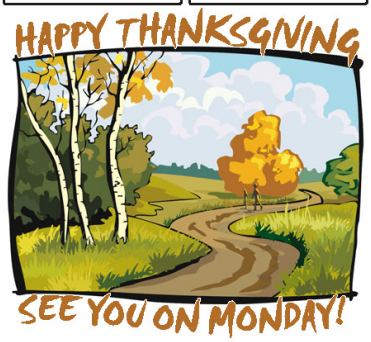
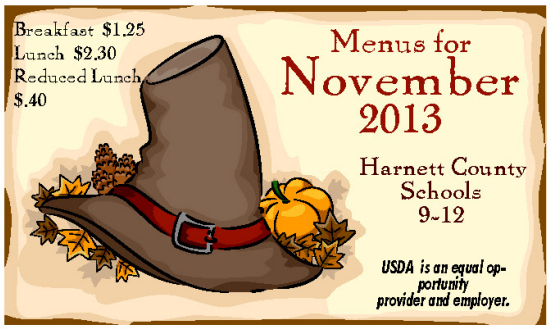
Monday, November 18	Tuesday, November 19	Wed., November 20	Thursday, November 21	Friday, November 22
Breakfast Assorted Fruit Juice or Fresh Fruit Cinnamon Tastry Or Cereal Bar & Yogurt Milk **Lunch** Choose One Chili w/ Cornbread Chicken Wrap Choose At Least One Buttered Corn Shredded Lettuce & Diced Tomato Pineapple Tidbits Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fruit Cup French Toast Sticks Or Cereal & Pop Tart Milk **Lunch** Choose One Chicken Fajitas w/Cheese & Salsa Sloppy Joe Choose At Least One Shredded Lettuce & Diced Tomato Seasoned Potato Wedges Applesauce Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fresh Fruit Breakfast Pizza Or Mini Loaf & Cereal Milk **Lunch** Choose One Mac & Cheese w/ Dinner Roll Mini Corn Dog Nuggets Choose At Least One Home Style Baked Beans Steamed Broccoli w/ Cheese Sliced Peaches Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fruit Cup Mini Cinni Or Yogurt & Pop Tart Milk **Lunch** *Holiday Meal* Choose One Roasted Turkey served w/ Dressing, Cranberry Sauce & Hot Roll Pepperoni Pizza Choose At Least One Creamy Potatoes w/Gravy Seasoned Green Beans Sliced Pears Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fresh Fruit Pancake & Sausage Stick Or Muffin & Yogurt Milk **Lunch** Choose One Chicken Filet Sandwich Beef Rib-B-Que Sandwich Choose At Least One Sweet Potato Waffle Fries Fresh Cucumber Cup w/ Dip Strawberry Cup Fresh Fruit Choice of Cold Milk

Monday, November 25	Tuesday, November 26	Wed., November 27
Breakfast Assorted Fruit Juice or Fresh Fruit Chicken Biscuit Or Yogurt & Cereal Bar Milk **Lunch** Choose One Chicken Noodle Soup w/ choice of Hot Roll or Crackers Pizza Quesadilla Choose At Least One Fresh Tomato Cup w/ Dip Pinto Beans Mandarin Oranges Fresh Fruit Choice of Cold Milk	**Breakfast** Assorted Fruit Juice or Fresh Fruit Breakfast Pizza Or Mini Loaf and Cereal Milk **Lunch** Choose One Spicy Buffalo Chicken Wrap Beef-a-Roni w/Hot Roll Choose At Least One Tossed Salad w/ Choice of Dressing Buttered Corn Sliced Pears Fresh Fruit Choice of Cold Milk	Early Release Day **Breakfast** Assorted Fruit Juice or Fruit Cup Mini Pancakes Or Super Donut Milk **Lunch** Choose One Chicken Filet Sandwich PB & J Sandwich w/ Mozzarella Cheese Stick and Crackers Choose At Least One Broccoli Cup w/ Dip Fresh Baby Carrots w/ Dip Strawberry Cup Fresh Fruit Choice of Cold Milk



Breakfast $1.25
Lunch $2.30
Reduced Lunch $.40



Menus for November 2013

Harnett County Schools
9~12

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Friday, November 1

Breakfast
Assorted Fruit Juice Or Fresh Fruit
Pancake & Sausage Stick
Or Cereal & Pop Tart
Milk

Lunch
Choose One
Nachos w/Meat Sauce
Fish Sandwich
Bacon Cheeseburger

Choose At Least One
Refried Beans
Homemade Coleslaw
Sliced Pears
Fresh Fruit

Choice of Cold Milk

DON'T FORGET TO SET YOUR CLOCKS BACK 1 HOUR

SUNDAY, NOV. 3

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- *click the* Parents *tab*
- *Look under the* Auxiliary *heading*
- *Click* Child Nutrition

Monday, November 4

Breakfast
Assorted Fruit Juice or Fresh Fruit
French Toast Sticks
Or Scooby Snacks & Yogurt
Milk

Lunch
Choose One
Chicken Tenders w/ Dinner Roll
Chicken Salad w/ Lettuce and Crackers

Choose At Least One
Creamy Potatoes w/ Gravy
Fresh Baby Carrots w/ Dip
Flavored Applesauce
Fresh Fruit

Choice of Cold Milk

Tuesday, November 5

Breakfast
Assorted Fruit Juice Or Fruit Cup
Cherry Frudel
Or Yogurt & Pop Tart
Milk

Lunch
Choose One
Macaroni & Cheese w/ Ham and Hot Roll
Mini Corn Dog Nuggets
Bacon Cheeseburger
Chef Salad

Choose At Least One
Steamed Cabbage
Seasoned Green Beans
Sliced Pears
Fresh Fruit

Choice of Cold Milk

Wed., November 6

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Choose One
Country Style Steak w/ Rice, Gravy & Dinner Roll
Deli Club Sandwich
Southwest Chef Salad

Choose At Least One
Seasoned Turnip Greens
Fresh Cucumber Cup w/ Dip
Warm Glazed Apples
Fresh Fruit

Choice of Cold Milk

Thursday, November 7

Breakfast
Assorted Fruit Juice or Fruit Cup
Mini Pancakes
Or Super Donut
Milk

Lunch
Choose One
Lasagna w/ Hot Roll
Hot Ham & Cheese Sandwich
Chef Salad

Choose At Least One
Tossed Salad w/ choice of Dressing
Buttered Corn
Mandarin Oranges
Fresh Fruit

Choice of Cold Milk

Friday, November 8

Breakfast
Assorted Fruit Juice or Fresh Fruit
Pancake & Sausage Bites
Or Cereal & Muffin
Milk

Lunch
Choose One
Hotdog on Bun w/Chili
Pulled BBQ Sandwich
Bacon Cheeseburger

Choose At Least One
Seasoned Potato Wedges
Home Style Baked Beans
Homemade Coleslaw
Sliced Peaches
Fresh Fruit

Choice of Cold Milk

AVAILABLE DAILY

Peanut Butter & Jelly Sandwich w/ Mozzarella String Cheese and Crackers

Chicken Filet w/ Sandwich Trimmings

Pepperoni Pizza

Monday, November 11

NO SCHOOL

Veterans Day

PLEASE JOIN US IN SAYING THANKS TO THOSE WHO HAVE SERVED THE CAUSE OF FREEDOM

Tuesday, November 12

Breakfast
Assorted Fruit Juice or Fruit Cup
Sausage Biscuit
Or Cereal Bar & Yogurt
Milk

Lunch
Choose One
Buffalo Chicken Nuggets w/ Hot Roll
Bacon Cheeseburger
Chef Salad

Choose At Least One
Roasted Ranch Potatoes
Fresh Baby Carrots w/ Dip
Mixed Fruit
Fresh Fruit

Choice of Cold Milk

Wed., November 13

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Choose One
Baked Chicken w/ Hot Roll
Deli Club Sandwich
Southwest Chef Salad

Choose At Least One
Creamy Potatoes w/Gravy
Fresh Broccoli & Tomatoes w/ Dip
Strawberry Cup
Fresh Fruit

Choice of Cold Milk

Thursday, November 14

Breakfast
Assorted Fruit Juice or Fruit Cup
Donut Holes
Or Pop Tart & Cereal
Milk

Lunch
Choose One
Cheesy Chicken Sub
Chicken Wrap
Chef Salad

Choose At Least One
Sliced Sweet Potatoes
Seasoned Green Beans
Sliced Pears
Fresh Fruit

Choice of Cold Milk

Friday, November 15

Breakfast
Assorted Fruit Juice
Or Fresh Fruit
Pancake & Sausage Bites
Or Crunch Mania
Milk

Lunch
Choose One
Pizza Dippers w/ Marinara Sauce
Bacon Cheeseburger

Choose At Least One
Tossed Salad w/ choice of Dressing
Steamed Broccoli w/ Cheese
Mandarin Oranges
Fresh Fruit

Choice of Cold Milk

Thank You

★VETERANS' DAY NOVEMBER 11★

Want a convenient way to pay for lunch? Go to: www.lunchprepay.com
Register and pay for lunch with your credit card!
You can receive text and email alerts when your balance is below a set amount.

Monday, November 18

Breakfast
Assorted Fruit Juice or Fresh Fruit
Cinnamon Tastry
Or Cereal Bar & Yogurt
Milk

Lunch
Choose One
Chicken Fajita w/ Cheese & Salsa
Pizza Quesadilla

Choose At Least One
Shredded Lettuce and Diced Tomato
Buttered Corn
Peach Cup
Fresh Fruit

Choice of Cold Milk

Tuesday, November 19

Breakfast
Assorted Fruit Juice or Fruit Cup
French Toast Sticks
Or Cereal & Pop Tart
Milk

Lunch
Choose One
Chicken Tenders w/ Dinner Roll
Italian Chicken Sandwich
Bacon Cheeseburger
Chef Salad

Choose At Least One
Whipped Potatoes w/ Gravy
Pinto Beans
Applesauce
Fresh Fruit

Choice of Cold Milk

Wed., November 20

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf & Cereal
Milk

Lunch
Holiday Meal
Choose One
Roasted Turkey served w/ Gravy, Cranberry Sauce, Dressing, & Hot Roll
Deli Club Sandwich
Southwest Chef Salad

Choose At Least One
Glazed Sweet Potatoes
Seasoned Green Beans
Strawberry Cup
Fresh Fruit
Choice of Cold Milk

Thursday, November 21

Breakfast
Assorted Fruit Juice or Fruit Cup
Mini Cinni
Or Yogurt & Pop Tart
Milk

Lunch
Choose One
Chicken & Pastry w/Hot Roll
Hot Ham & Cheese Sandwich
Chef Salad

Choose At Least One
Green Peas
Sweet Potato Waffle Fries
Sliced Pears
Fresh Fruit

Choice of Cold Milk

Friday, November 22

Breakfast
Assorted Fruit Juice or Fresh Fruit
Pancake & Sausage Stick
Or Muffin & Yogurt
Milk

Lunch
Choose One
BBQ on Bun
Fish Filet on Bun
Bacon Cheeseburger

Choose At Least One
Seasoned Potato Wedges
Homemade Coleslaw
Mixed Fruit
Fresh Fruit

Choice of Cold Milk

EAT BETTER.
PLAY HARDER.
LIVE HEALTHIER.
LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, November 25

Breakfast
Assorted Fruit Juice or Fresh Fruit
Chicken Biscuit
Or Yogurt & Cereal Bar
Milk

Lunch
Choose One
Chicken Nuggets
Pizza Dippers

Choose At Least One
Roasted Ranch Potatoes
California Blend w/ Cheese
Applesauce
Fresh Fruit

Choice of Cold Milk

Tuesday, November 26

Breakfast
Assorted Fruit Juice or Fresh Fruit
Breakfast Pizza
Or Mini Loaf and Cereal
Milk

Lunch
Choose One
Grilled Cheese
Bacon Cheeseburger
Chef Salad

Choose At Least One
Vegetable Soup
Tossed Salad w/ choice of Dressing
Strawberry Cobbler
Fresh Fruit

Choice of Cold Milk

Wed., November 27

Early Release Day

Breakfast
Assorted Fruit Juice or Fruit Cup
Mini Pancakes
Or Super Donut
Milk

Lunch
Choose One
PB & J Sandwich w/ Mozzarella
Cheese Stick and Crackers
Chicken Filet Sandwich

Choose At Least One
Sandwich Trimmings
Fresh Baby Carrots w/ Dip
Peach Cup
Fresh Fruit

Choice of Cold Milk